

1

305

好困

且没有手感

(后面睡着了)

感到很报

1

week 6

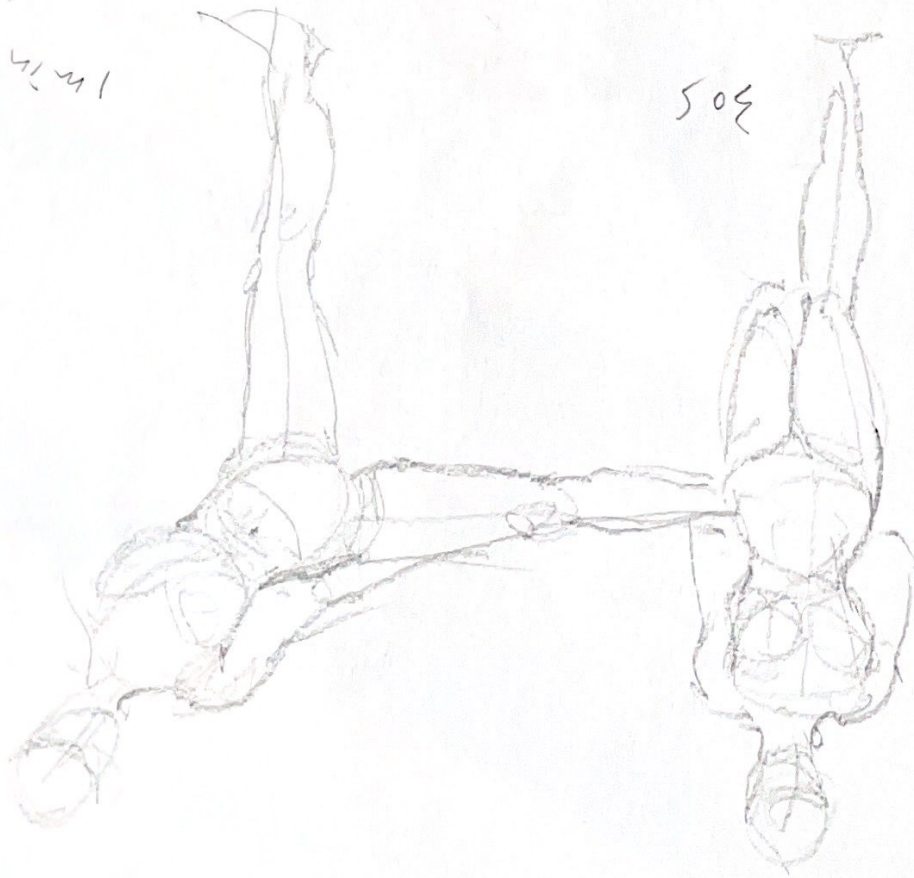
2021.11.4



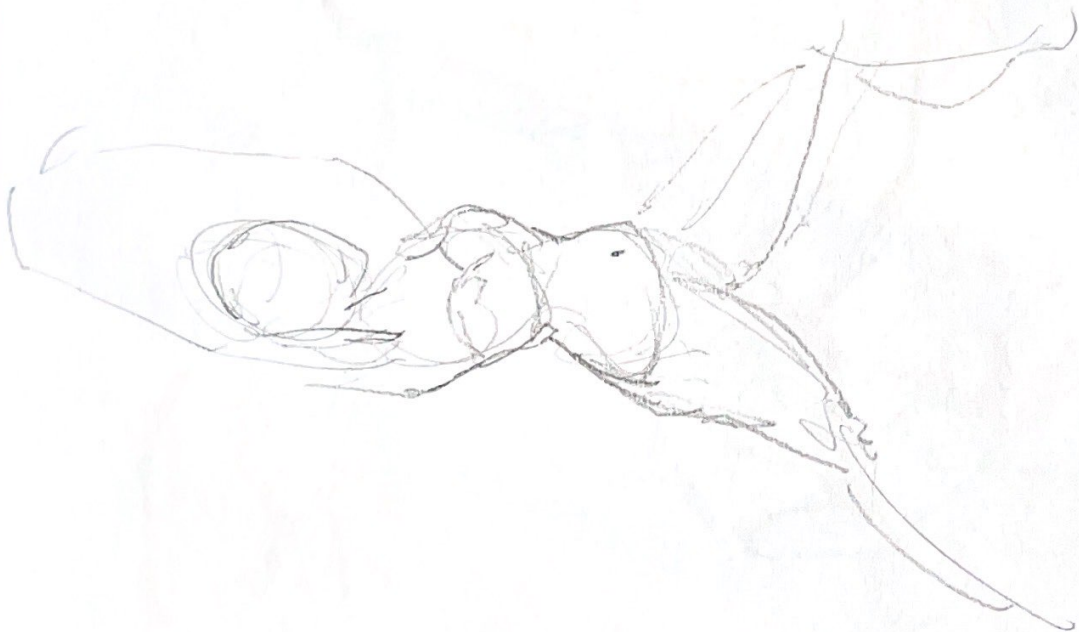


1 m 7/4

305



②



1 min





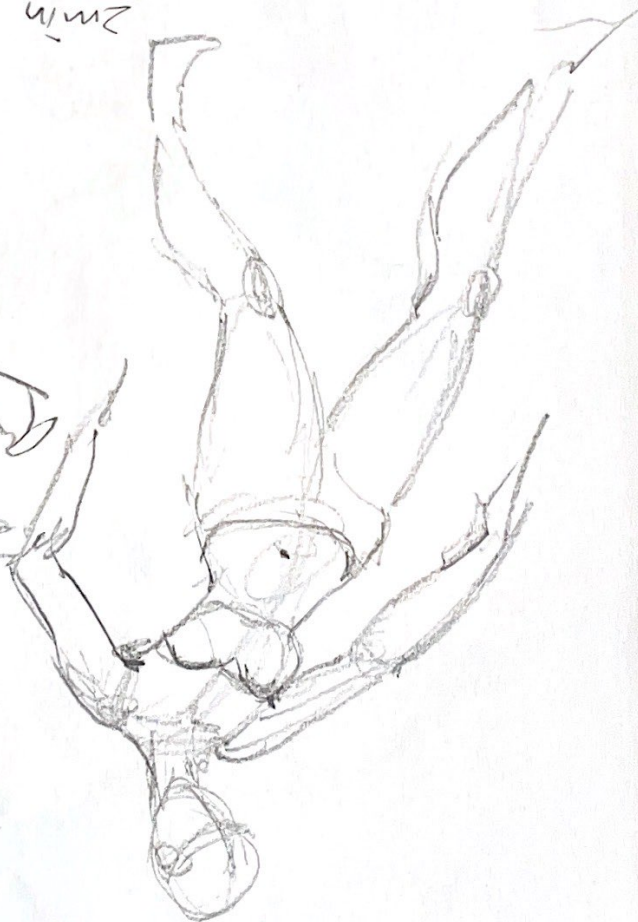
2 min



1 1/2 min



2m in







5



1 m



2 m 1/4



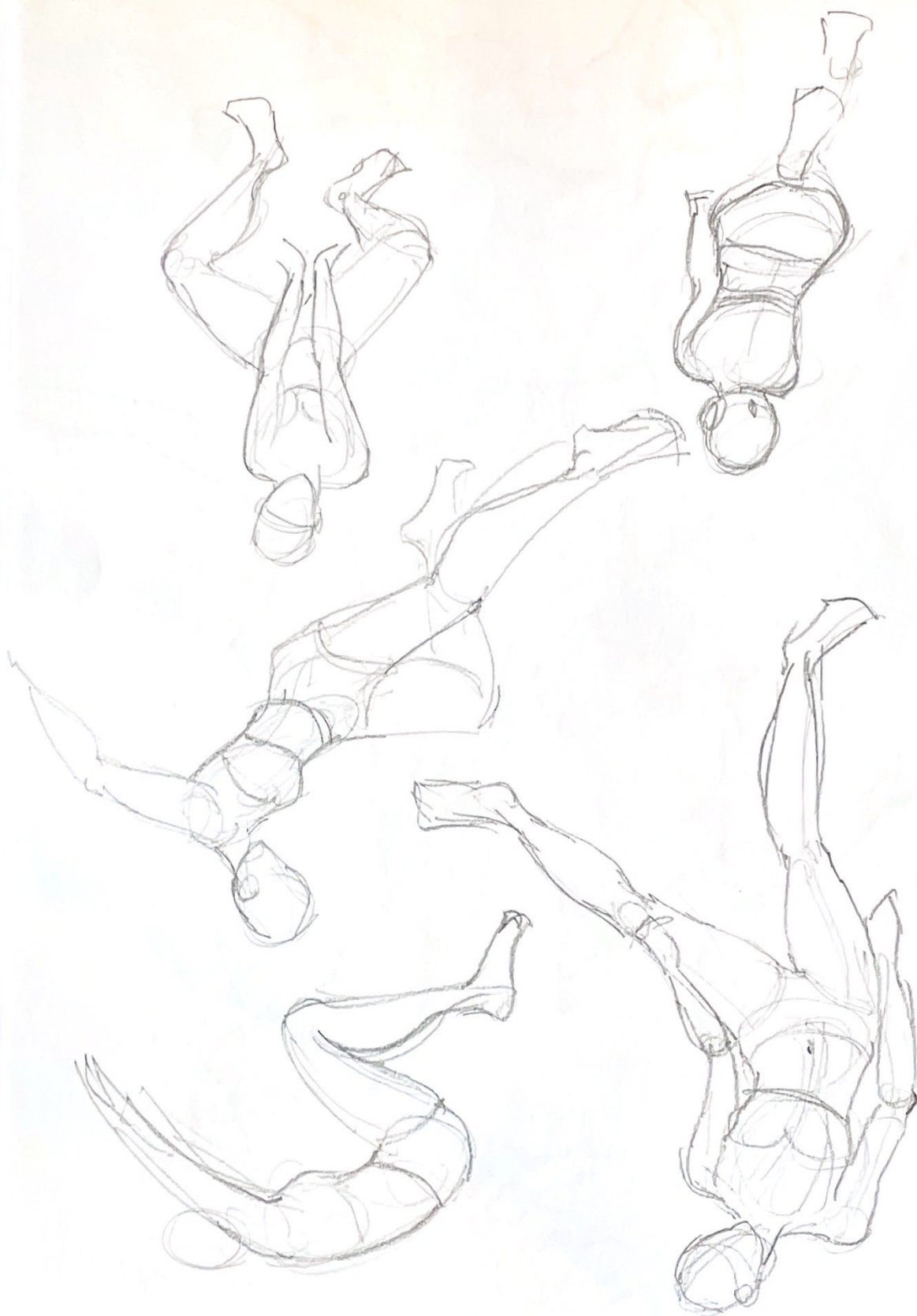
2 m 1/2



1 m



5





9

305



306

303

1 min





